

GRAND ISLE SUPERVISORY UNION

CURIOUS | CREATIVE | COURAGEOUS | CAPABLE

802-372-6921 • P.O. BOX 54, GRAND ISLE, VT 05458 • WWW.GISU.ORG

8 December 2021

Dear Parents, Guardians & Community members,

THANK YOU!

Over the last two weeks, the GISU Member School Districts have performed approximately 500 surveillance tests and have had no positive cases of COVID-19! Given the high case counts around the state this is amazing and is a testament to the decisions families have made and the practices which have been adopted by the Grand Isle County Community. I believe it is an indication that individuals and families have:

1. Been vaccinated when eligible to get [get vaccinated](#)
2. Stayed Home and Kept their Children Home if they are sick or have [symptoms of COVID-19](#) infection.
3. Worn a mask when in public.
4. Practiced social distancing when possible.
5. Used good hand hygiene strategies. Wash and sanitize frequently.
6. When concerned they might be infected, [they got a test](#). They are free.

The GISU has received a small supply of Take Home PCR tests. Both the sample collection kit and the shipping have been paid for by the Vermont Agency of Education. If you need a kit for a student please feel free to contact the GISU Parent Liaison, David Mills, at 802 372-6921 ext 2008.

I'm pleased to share the information at the end of this letter regarding a free parent coaching opportunity offered through the Parent Coaching Institute by Mary DuPont, a former Grand Isle County Teacher. Please reach out to Mary directly if you are interested.

Community Meeting on December 8, 2021

The access to the Superintendent's weekly Community Meeting is available below. I do not have a presentation for tonight but will be available to answer questions.

Wednesday, **December 8, 2021**, 6:00 p.m

[Join with Google Meet](https://meet.google.com/yzd-szwo-tqi) meet.google.com/yzd-szwo-tqi

[Join by phone \(US\) +1 573-349-3062](tel:+15733493062) PIN: 810 989 343#

Thank you for helping to ensure that all members of the GISU learning community are curious, creative, courageous, and capable of pursuing their aspirations in a diverse and ever changing world.

Sincerely,

Michael J. Clark

Grand Isle Supervisory Union
Superintendent

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Would you like 10 hours of **FREE** Parent Coaching?

What is Parent Coaching?

Parent coaching is a very effective way to help moms and dads come up with practical, long-term solutions to parenting challenges. I teach you to know and use your talents and strengths to help you attain your highest aspirations for yourself, your children and your family.

Who am I?

I am a student working toward Parent Coaching Certification through the Parent Coaching Institute (www.ThePCI.org). I am working to log 100 hours of coaching practice as part of my program studies. I am a retired elementary school teacher with 25 years teaching experience. I have a Masters of Education degree.

Why work with a parent coach?

We all go through challenges when raising kids. Parents have different reasons for seeking out coaches. Here are some examples of concerns I can help you with:

- *Act as a sounding board and resource person for decisions that greatly affect you and your family.
- *Support your self-care endeavors
- *Provide research-based methods for controlling and managing digital devices
- *Assist you in navigating challenging behaviors patterns exhibited by your children
- *Help you live by your parenting values and priorities

What can you expect?

We will collaborate by phone or “zoom” meetings for 10 sessions lasting one hour each. Through the process, we will identify challenges, strengths of family members, parenting priorities and resources available to help with your needs. Coach and parent will work collaboratively to use strengths of family members to come up with new ideas and fresh approaches to build successful strategies.

If PCI Parent Coaching seems like a right fit for you, Please contact me:

Mary Dupont (802-309-0219)

mldupont@aol.com

Parent Coaching Institute
Bellingham, WA 98225
(888)599-4447
(www.ThePCI.org)